

{ Natural Skin Care }

~ Milk and Lemon ~

Take about 10 tsp of milk and squeeze lemon juice (half medium-sized lemon). You should see milk curdling. If not, add more lemon juice till you see milk curdling. Apply it on your skin. Let it dry for about 15-20 minutes. Wash with lukewarm water.

~ Lavender Mist ~

Make your own by boiling lavender in water.

~ Egg white ~

Beat the white part of an egg. It will become fluffy. Apply it on your face. Let it dry and remove it with milk soaked cotton. Wash your face.

~ Cucumber and Lemon ~

1 tsp lime juice + 1 tsp cucumber.

Apply on your face. Wash your face after 15-20 minutes.

For Oily Skin -- Do this before applying makeup.

(Prevents makeup from patching up on your face)

For skin that glows and feels softer