

# { Natural Skin Care }

## ~ Peach, Honey, Oatmeal, Milk and Lemon ~

Peel a ripe peach (or banana). Blend it with 1-2 tbsp honey and 1 cup of oatmeal. Keep the excess in an air-tight container for later use. Apply the paste and leave it for 5-10 minutes. Clean it with cotton. Wash and pat dry.

## ~ Aloe Vera and Honey ~

Mix 1 tsp of Aloe Vera and honey. Apply on face for 20-25 minutes. Wash your face when dry.  
( For soothing skin without blemishes.  
Also good for ageing and dull skin. )

## ~ Milk of Magnesia ~

Apply on your face for 20 minutes. Wash when dry.  
Milk of magnesia twice a month makes your skin soft and clear.

*Keeps dry skin clear and smooth...*